

50-Mile

- A1 — A2 2.22 miles
- A2 — A3 1.20 miles
- A3 — A4 1.18 miles
- A4 — A5 1.19 miles
- A5 — A6 3.92 miles
- A6 — A1 2.79 miles

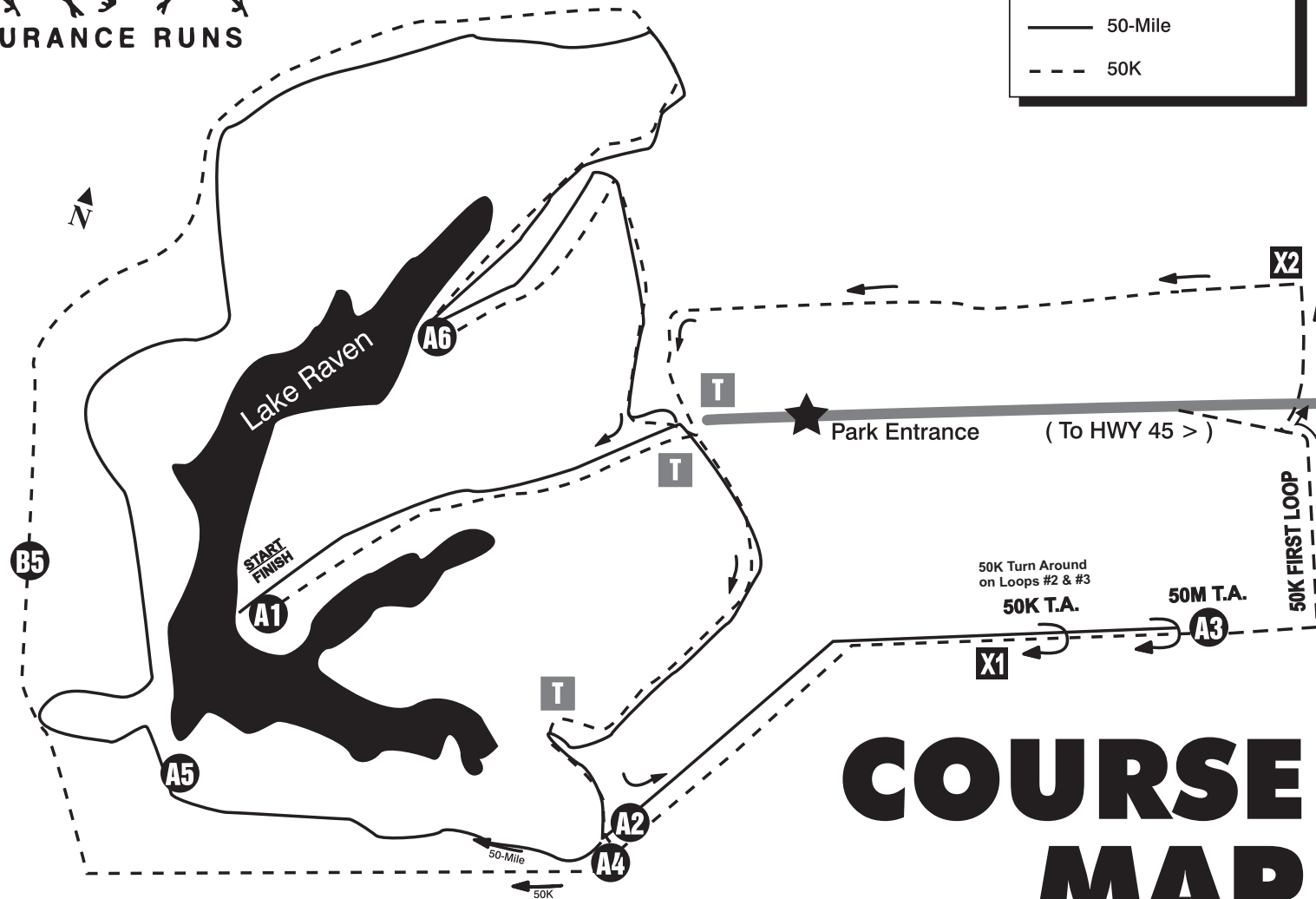
Repeat
4 times

50-Mile runners complete
four 12.5 mile loops.
Start 7 a.m.

50K

- A1 — X1
 - X1 — X2
 - X2 — A1
- Loop 6.7 Miles
Once
- A1 — A2
 - A2 — X1
 - X1 — A4
 - A4 — B5
 - B5 — A6
 - A6 — A1
- Repeat
2 times

50K runners complete a 6.7 mile
loop and then two 12.15 mile loops
Start at 7:45 a.m.



COURSE MAP

Course Instructions

- *All runners must start last lap no later than 8 ½ hours after the start of the 50 mile run (approx. 3:30pm)
- *Pink Ribbon/ Flags = 50k course
- *Red Ribbon/ Flags = 50 mile course
- *Blue Ribbon/ Flags = Shared course